

IDAHO RIVER JOURNEYS

MIDDLE FORK PACK LIST

It's better to have it and not need it
than need it and not have it!

Suggested Pack List

- Quick dry shorts (2) one for the river and one for camp
- Long pants - for camp
- SPF long sleeve shirt and pants for sun protection
- Synthetic or wool long underwear - top and bottom
- Comfortable shirts for camp (3)
- Bathing suit (2) - (a two piece is recommended for those who squat to pee)
- Extra layers (layering is key)
- Fleece jacket
- Warm hat for cool camp mornings and evenings
- Wide brimmed hat for sun protection
- Raincoat and rain pants (foul weather gear is a must!)
- Sturdy water sandals or multi-sport shoes - with a back strap, good tread & support
- Lightweight hiking shoes or tennis shoes
- Socks (3 pair) - synthetic or wool for hiking
- Underwear and sleepwear
- Sunscreen and lip protection
- Sunglasses with retention strap
- Headlamp or flashlight with fresh batteries
- Small quick dry towel
- Small camping pillow
- Toiletries - travel size works best
- Personal medications
- Liter water bottle with a loop and carabiner
- Camera and extra batteries, memory card, or solar charging device and cord
- Wallet - in a ziplock, packed in overnight bag
- Check or cash for guide gratuity
- A Hawaiian shirt or party outfit for a festive night on the river!

Optional Items

- Fishing license (for guests 14 years or older)
- Fishing equipment - rods in protective cases
- Flip flops, crocs, or other comfortable shoes for camp
- Sundress or sarong
- Large Ziplock bags - for wet items and organization
- Binoculars
- Insect repellent
- Fanny pack or small day pack for hiking
- Paperback book
- Middle Fork Guide Book (+ fine point sharpie = river diary)

Gear IRJ Provides

- Outfitter quality tent set up for you by the crew
- Sleeping bag - rated to 20°
- Deluxe 2" thick "Paco" sleeping pad
- Large overnight dry bag (85 L)
- Small daytime dry bag (22 L)
- Hard waterproof Pelican boxes for DSLR cameras
- Idaho River Journeys mug for beverages
- Class V Personal Floatation Device
- Helmet for use in paddle boat/inflatable kayak
- Wet suit and splash top (weather dependent)

Additions for Early June/September

- Neoprene socks
- Puffy or insulated jacket
- Gloves
- Even more extra warm layers!

Please Leave At Home

- Valuables (wedding ring, etc.)
- Speakers and Music Systems
- Firearms