

# Middle Fork Trip Information

## Trips Meeting in Boise or Salmon

August 17, 25,  
September 2 & 11

IDAHO  
RIVER  
JOURNEYS



1-208-756-8116  
1-888-997-8399  
Fax: 1-208-485-4454  
info@idahoriverjourneys.com

### Summer

Idaho River Journeys  
P.O. Box 1415  
44 Wagon Wheel  
Salmon, Idaho 83467

### Winter

Idaho River Journeys  
P.O. Box 1149  
Point Reyes, California 94956

Guests joining us on trips scheduled for August 17, 25 and September can meet the trip in Boise or Salmon, Idaho. Guests are responsible for getting to our meeting location and for pre-trip lodging and meals. At the end of the trip, we provide bus transportation from the river to the town of Salmon. Guests are responsible for making post-trip travel and lodging arrangements.

If you are driving, we recommend meeting the trip in Salmon. If you are flying to Boise, meeting the trip there is the preferred option.

**ACCOMMODATIONS IN BOISE:** We recommend staying at our meeting place, the Best Western Vista Inn. Their phone number is 1-800-727-5006. Please make your reservations well before your trip. Our pre-trip meeting is held in the lobby.

**ACCOMMODATIONS IN SALMON:** We recommend staying at the Stagecoach Inn. Their phone number is 1-208-756-4251. Please make your reservations well before your trip. Our pre-trip meeting is held behind the Inn on the lawn next to the river.

**PRE-TRIP MEETING:** Our pre-trip meeting is at 7:30 p.m. the evening before we depart for the river. In Boise, we meet in the lobby of the Vista Inn. In Salmon, we meet at the Stagecoach Inn on the back lawn near the river. We'll answer questions about the trip, give out waterproof bags for your gear and review trip plans. Early the next morning we depart for the airport and the 45 minute flight to the river.

**SLEEPING BAGS & TENTS:** We provide spacious tents, freshly laundered sleeping bags, and comfortable sleeping pads for use by our guests. If you are travelling alone, you will have your own tent. Our sleeping bags are medium size. You may, of course, bring your own bag and tent if you would prefer.

**TRAVEL ARRANGEMENTS TO BOISE:** Most airlines have service to Boise. Our trip meeting place, The Vista Inn, offers a shuttle service from the airport. The flight from

Boise to the river is included in your trip fare but you are responsible for the return flight from Salmon to Boise at the end of the trip. You need to book this flight in advance. Flights can be arranged with Gem Air, 1-208-756-7382 or with Sawtooth Flying Service, 1-800-798-6105

**IF YOU ARE DRIVING:** We recommend that guests driving meet our trip in Salmon. Your vehicle can be left at the Stagecoach Inn. By doing this, you will avoid having to fly back to Boise at the end of the trip.

**TRAVEL ARRANGEMENTS AT TRIP'S END:** After lunch on the last day of the trip, our bus shuttles everyone to the town of Salmon and the airport. Some guests enjoy spending the night in Salmon before flying to Boise the next morning. For lodging in Salmon, we recommend the Stagecoach Inn. Their reservations number is 1-208-756-4251.

For guests who prefer to fly to Boise from Salmon the day they come off the river, flights can be scheduled for that afternoon. For lodging in Boise, we suggest Best Western Vista Inn, 1-800-727-5006.

**FISHING:** The Middle Fork is a premier trout stream with a hearty population of Cutthroat trout. To fish, you must have an Idaho license. You can purchase one in Boise or Salmon before the trip or by phone directly from Idaho Sports Licensing by calling 1-800-554-8685. A social security number is required for licensing. The Middle Fork is a catch-and-release river. Regulations require that only artificial lures (no bait) with single, barbless hooks be used and that all fish caught be released.

On our website you will find a Fly Fishing document with suggested flies and other information. Go to [www.IdahoRiverJourneys.com](http://www.IdahoRiverJourneys.com) and click the Fly Fishing link. You will find a link on that page to a document called Middle Fork Fly Fishing Tips.

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**PERFORMANCE:** Although infrequent, it is sometimes necessary to cancel or modify a trip, including moving to an alternative river, because of unusual or unexpected circumstances. We reserve the right to cancel or modify any trip due to adverse weather or water conditions, log jams, debris flows, forest fires, travel restrictions that limit access to the river, or other circumstances beyond our control. Adverse conditions may require the use of boats different from those advertised, promised or reserved. In the event of a cancellation, or modification of a trip, Idaho River Journeys cannot be responsible for any resulting expenses incurred by guests.

**WHAT TO BRING:** Weather on the Middle Fork is typically sunny and warm but you should be prepared for occasional mountain thunder showers. For late August and September trips, please bring a warm jacket and rain gear.

- 2 pair of quick drying shorts or bathing suits
- Tennis shoes or river sandals to wear in the boats and while swimming
- Sun Screen and lip protection
- Sunglasses with strap
- Shirts for camp and to wear on-river
- Baseball type cap
- 1 pair of long pants for camp
- A pair of shoes for camp and hiking
- 2 pairs of wool socks
- Warm jacket or wool sweater
- Rain gear - jacket & pants
- Towel
- Toiletries
- Personal medications
- Water bottle with loop for attaching
- Flashlight
- Camera with extra batteries & extra memory card
- Large Ziplock bags (for wet items and personal hygiene)
- Check or cash for guide gratuity

Optional items might include a paperback book, binoculars, fishing equipment (rods in protective cases), insect repellent, polypropylene underwear (comes in handy if

it gets cold), and a fanny pack for hiking. Do not bring music systems (personal iPods are OK) or firearms.

**SUGGESTIONS FOR WOMEN:** Some of the women who have rafted the Middle Fork with us have made suggestions that might be helpful. Bring facial cleansing items that don't take up a lot of space and are quick to use. A wash cloth in a zip lock or a facial astringent and cotton cleaning pads in a zip lock work well. Bring along body and facial moisturizer. For a bathing suit, a sports type two-piece is more convenient for wearing under wetsuits and easier to bathe in. For hiking and general comfort, sports bras are recommended.

**SATELLITE PHONES:** For many of our guests, part of the appeal of a river vacation is getting away from computers, email, and phones. Although the Middle Fork canyon is remote, in most places satellite phones are functional. On occasion, a guest will bring a private satellite phone with them. In this event, we ask that the phone not be used in our immediate camp setting, on our boats, in the vicinity of other guests or anyplace where other people are aware of its use.

**FOOD & BEVERAGES:** All on-river meals are provided, beginning with lunch the first day and ending with lunch the last day. The food is fresh and wholesome and our guides will prepare it. We provide some soda, beer and wine. You are welcome to bring additional beverages.

**VACATION INSURANCE:** We strongly recommend you supplement personal insurance with travel insurance. Information can be found on our website.

**EMERGENCY CONTACT INFORMATION:** If there was a personal emergency that necessitated our contacting you during your trip, we would attempt to get a message to you. For emergency use, we carry a satellite phone. We would leave a text message for the crew and they would make a return call to us when they could, probably from camp that evening. Incoming calls can not be received on the

satellite phone. The numbers to leave for someone to contact us are 1-888-997-8399 and 1-208-756-8116.

**CANCELLATIONS:** If you must cancel your reservation, you may be eligible for a partial refund if the cancellation is made at least 60 days before departure. Our cancellation policy is firm. We operate under federal regulations, which restrict the number of guests per trip and the number of trips per season. If you must cancel, try to find a friend to take your place. Idaho River Journeys requires a nonrefundable deposit of \$250 per person to confirm a reservation. The balance is due at least 60 days prior to departure. Cancellations within 60 days of a trip are not eligible for refund.

**TIPPING:** Gratuities are equally shared by all crew members. Typically tip amounts are 10-15%, or more, of the trip fare. ■

(Revised 11/12)